



The Ultimate Lingerie Body Guide



There are so many different lingerie styles out there, which can be overwhelming sometimes. To better help you feel sexy and confident in your skin, we've broken down each body type with lingerie suggestions specific to your body type. To make it more fun, we've referenced the hottest celebrities with each shape! We hope this information helps you find the perfect lingerie that suits you and your personality!

Go WILD!

What's Your Body Type?



Pear

Like Beyonce, you are narrow on top with broader hips. With a full bottom, seek intimates that accentuate your delicate upper body, bringing attention upwards. One thing that works great for a small top is a bandeau. Bandeaux that are cut straight across are perfect for a small top. For bottoms, a brief will complement curvier hips. You could also go for a high-waisted bottom.



Hourglass

You've got a body similar to Kim Kardashian. Your chest and hips are equally proportioned and your waistline is your narrowest measurement. Emphasize your small waist and add a garter belt to your bra and panty set. It's a sexy touch that will show off your shape!





Apple

Your waistline is your widest measurement, so naturally, your bust and hips are narrower in comparison. Like Melissa McCarthy, your body will be best served with lingerie that elongates the body. Bodysuits (a one-piece garment) with a deep "V" will look great on you! It'll show off some skin while accentuating your best parts.



Carrot



If you are broader on top and have narrow hips and legs, you're shaped like Angelina Jolie! Layer a chemise or flowy slip that flatters your broad-set shoulders. They're practical, yet alluring. Finding a chemise or slip that flows out at the bottom is key.



Straight

Straight bodies, like Kate Hudson's, don't have much variation in size. Find undergarments to enhance your curves. Longline bras extend further down the torso. They're the crop top of lingerie. They'll help fill out your shape without resorting to huge push-up bras.



Petite



If you're petite all over, you're built like Natalie Portman! You can get away with wearing less supportive styles that busty women may shy away from. For example, you can look for lingerie with soft cups and even wireless bras. You can shop less-functional and focus on comfort and cuteness.

What's Your Key Features?



Short Torso

Like Lucy Hale, your waist is high and your legs longer. Steer clear of high-waisted bottoms. This will shorten your torso more. Wear low-rise underwear to lengthen your torso. Spice it up and try some hipsters as a sassy alternative to more basic low-rise panties.



Long Torso

If you have a long torso, you have the perfect body for the on-trend high-waisted look. This will shorten your midsection and elongate your legs. Taylor Swift has learned that this trend is perfect for her body. Why not give it a try?



Busty

A lot of sexy lingerie isn't made with busty women, like Christina Hendricks, in mind, but fashionable underwire options are there for you! Try a demi-cup bra to showcase your natural curves. To balance your larger top, try high-waisted bottoms or bottoms with a thicker waistband.



Small Bust

If you have a small bust, you're just like Emma Watson! You have more versatility in the underwear department. You don't have to worry about finding something with much support, but you may have problems with your brastraps slipping off your shoulders. We suggest a sporty or elegant lacy racerback bra. These can also add a really cute touch to low-back shirts and dresses.



So take these helpful tips and go find the perfect lingerie for your unique body!